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Working Equitation Show Results

Meet a Member

Educational Seminar Recap

The Valuable Quarter Point

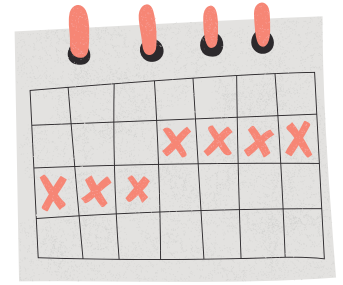
MAY 2026

This month's edition recaps a well-attended educational seminar with Matt Devlin (pictured above), focused on rider biomechanics and the importance of off-the-horse training to improve performance and prevent injury.

Also, get to know fellow member Lucille Sullivan in the "Meet a Member" spotlight, and explore expert insights from Margaret Freeman on improving dressage scores.

Do you have a neighbor or a boarder that is new to the area? Show them the Newcomer's meeting Invitation (pg. 4) so they can learn about the particulars of horse keeping in this area.

UPCOMING EVENTS



May

5.23 Dressage & Combined Training Show

June

6.9 Newcomers Orientation at FENCE

6.20 Dressage Fix-a-Test Clinic

6.24 Trivia Night at FENCE

July

7.18 Dressage Show

September

9.5 Dressage & Combined Training Show

October

10.31 Dressage & Combined Training Show



2026 FRC MEMBERSHIP APPLICATION

Membership into the FRC is a great idea. Perks include an informative, emailed monthly newsletter, discounts on club-sponsored activities, educational programs, socials with fun people, scholarship opportunities and year end awards! Join now with any one of our three membership options below.

- **Individual (\$25)**
- **Family (\$30)**
- **Business (\$35) – includes a free business card sized ad in our monthly newsletter!**

Name (s): _____

Family Members: _____

Business Name: _____

Address: _____

City: _____ **State:** _____ **Zip:** _____

Phone: _____ **E-Mail:** _____

Please write legibly! The club is not responsible for members not receiving club communications due to illegible membership forms.

Check ALL interests: Dressage Eventing Western Dressage Working Equitation
 Pleasure Riding Endurance Fox Hunting Hunter/Jumper Breeder Driving
 Hunter Pace Trail Riding Social member only Other: _____

Ideas for clinics, horse events, educational seminars or social events for 2026:

____ I am available to volunteer for club sponsored events (list volunteer job you would like)

____ I am available to help set up (usually Thurs) before the show (30 club bucks for about 2 hours work)

____ I am available to help pack up after the show (15 club bucks for about 1 hour work)

Make your check payable to FRC and mail to: FRC, P. O. Box 637, Landrum, SC 29356.

If you have chosen to join as a Business Member, please attach your business card with this application! You can **also join on-line** at www.foothillsridingclub.org

For questions, please contact foothillsridingclub@gmail.com. Thank you for your support!

Check our website for info, updates & more! www.foothillsridingclub.org

Newcomer's Orientation

JUNE 9, 2026

10 am - 1 pm

lunch provided

FENCE House

3381 Hunting Country Rd
Tryon, NC 28782

Register at:

<https://form.jotform.com/erin.e.stroud/2026-frc-newcomers-orientation>



Foothills Riding Club is holding a dressage fix-a-test clinic with Margaret Freeman on Saturday June 20 at Deer Meadow Farm.

The format will be a 40-minute segment for each rider. The rider will be warmed up and ride their test at the start of the segment. The rider will then work with Margaret on portions of the test where the test score can be improved. The rider has the option of repeating the test again at the end of the segment. The tests can be any USEF, USDF or FEI dressage test and will be held in the large arena.

Auditors are welcome, and there will be opportunities to ask questions.

Deer Meadow Farm has a covered arena. The address is 149 Caro Lane, Chesnee SC. It is located about 10 minutes from the intersection of US 26 (Exit 5) and SC 11 or 10 minutes from Green Creek.

Margaret has been judging dressage for 38 years and holds a "Senior" USEF license. In addition to judging and teaching, she's active with youth dressage activities and specializes in showmanship clinics.

Cost for the clinic is \$65 for FRC members, \$85 for non-members, \$20 for auditors (one free additional auditor per horse; byo chair), and \$30 for a day stall.

Fix-a-Test

with Margaret Freeman
USEF "S" Dressage Judge

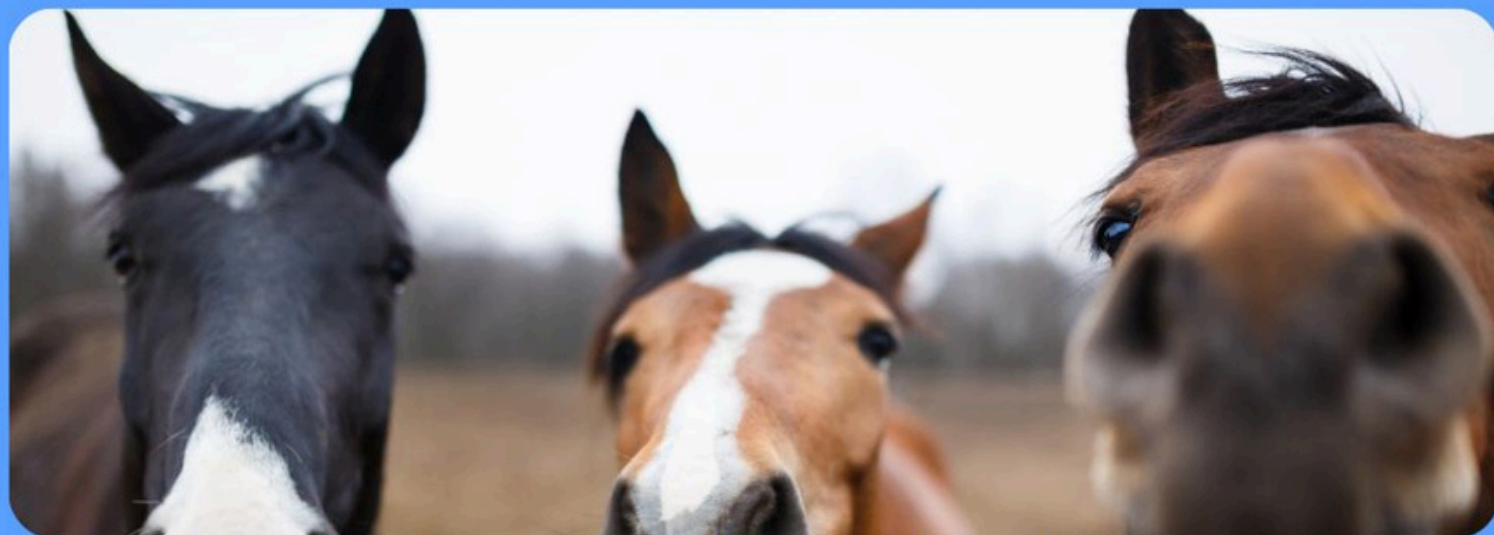
June 20, 2026

Deer Meadow Farm
149 Caro Lane
Chesnee, SC

\$65 for 2026 FRC Members
\$85 for non-FRC Members
\$20 for auditors
(one free additional auditor per horse)
\$30 for a day stall



TRIVIA NIGHT



Join us for a fun evening of dinner, drinks & all things equine.
Register at <https://foothillsridingclub.org/seminars/>

WHEN

JUNE 24, 2026

SOCIAL TIME & DINNER @ 6:30
TRIVIA @ 7:00

WHERE

FENCE HOUSE

3381 HUNTING COUNTRY RD,
TRYON, NC 28782

FREE FOR 2026 FRC MEMBERS & \$5 FOR NON-MEMBERS

WORKING EQUITATION SHOW RECAP

Submitted by Meaghan Morris

We had a total of 25 riders, and 27 volunteers.

Judges: Polly Limond (Ease of Handling and Speed) and Jodi Lees (Dressage)

Volunteers:

- Office Assistants: Sheri Castanon and Georgana Webster
- TD: Emily Osborne
- Volunteer Coordinator: Meaghan Morris
- Photographers: Heather Thompson and Caitlyn Andresen
- Announcer: Cam Stockhausen
- Stall Check/Floater: Christie Moldovan
- Scoring: Pat Melton
- Hospitality Assistants: Dawn Spinola and Christie Moldovan
- Runners: Andrea Zynda-Weiss and Sue Mullen
- Warm Up Stewards: Peggy Horton and Andrea Young
- Dressage Scribe: Sue Mullen
- Dressage Steward: Redenta Soprano
- Ease of Handling and Speed Scribe: Robyn Gillen
- Ease of Handling and Speed Steward: Emily Osborne
- Obstacle Crew: Elaine Jenkins, Boots Plyler, Elizabeth Zyga, and Anne Bandes
- Speed Timers: Lauren Wingate and Dawnn Repp
- Course Set-up and Take-down: Georgana Webster, Dawnn Repp, Meaghan Morris, Emily Osborne, Pernilla Dale, Megan Malan, Max Malan, Rowan Daniel, Rachel Childers, Mandy Lindler, Sue Mullen, and Elizabeth Zyga



2026 Schooling Show
Foothills Riding Club WE Schooling Show

Level Introductory - Amateur

RESULTS GENERAL

| # | Name | Horse | Dressage | Ease of Handling | Points |
|----|------------------|------------------------|----------|------------------|-------------|
| 1 | Daryl Nelms | Kaiser | 9 | 11 | 20 |
| 2 | Deborah Anderson | Fiona | 11 | 7 | 18 |
| 3 | Louise Ditomaso | Tivio Fancy Reata | 8 | 9 | 17 |
| 4 | Jane Barrett | Sunny C Pacmans Injun | 7 | 8 | 15 |
| 5 | Dawnn Repp | Freya | 5 | 6 | 11 |
| 6 | Erin Taffin | Dane | 4 | 5 | 9 58.627 |
| 7 | Catherine Maddux | Roux's Gambit | 6 | 3 | 9 55.685 |
| 8 | Nolan Freeland | LC Whiskey N Roses 490 | 2 | 4 | 6 |
| 9 | Kerry Dorfman | Toddy On Tap | 3 | 1 | 4 |
| 10 | Andrew Taffin | Arnold | 1 | 2 | 3 |

JUDGES: Polly Limond; Jodi Lees

Level Introductory - Open

RESULTS GENERAL

| # | Name | Horse | Dressage | Ease of Handling | Points |
|---|-------------------|-------------------|----------|------------------|-------------|
| 1 | Megan Malan | Vinas Yukon | 2 | 4 | 6 63.224 |
| 2 | Lucille Sullivan | Ejecutor DG | 4 | 2 | 6 61.904 |
| 3 | Laurie Oehlerking | Bluebonnet's Obie | 1 | 1 | 2 |

JUDGES: Polly Limond; Jodi Lees

Level Novice A - Open**RESULTS GENERAL**

| # | Name | Horse | Dressage | Ease of Handling | Speed | Points |
|---|--|-----------------------|----------|------------------|----------|--------|
| 1 |  Aleah Wicks | Listo | 5 | 7 | 3 | 15 |
| 2 |  Joann McBride | Donatello's Lil' Dude | 3 | 4 | 7 | 14 |
| 3 |  Kerry Dorfman | Toro Bravo! | 4 | 5 | 4 | 13 |
| 4 |  Linda Stallings | Stirrup Sugar Salute | 7 | 0 DQ | 5 | 12 |
| 5 |  Duffie Yarbrough | Kid-O-Car | 2 | 3 | 0 DQ | 5 |
| 6 |  Harley Austin | Mon Ami | 0 SCR | 0 SCR | 0 SCR | 0 |

JUDGES: Polly Limond; Jodi Lees

Level Novice B - Open**RESULTS GENERAL**

| # | Name | Horse | Dressage | Ease of Handling | Speed | Points |
|---|---|--------------------|----------|------------------|----------|--------|
| 1 |  Laurie Wilson | Salvar | 6 | 6 | 4 | 16 |
| 2 |  Jatha Austin | Føzzik | 3 | 3 | 6 | 12 |
| 3 |  Pernilla Dale | Fancy Pants Chance | 4 | 4 | 3 | 11 |
| 4 |  Mandy Lindler | Midas DHL | 2 | 2 | 2 | 6 |
| 5 |  Karen Byrd | Feather | 1 | 1 | 0 SCR | 2 |

JUDGES: Polly Limond; Jodi Lees

Level Intermediate A - Open

RESULTS GENERAL

| # | Name | Horse | Dressage | Ease of Handling | Speed | Points |
|---|---|--------|----------|------------------|-------|--------|
| 1 |  Maria Glinski | Quince | 2 | 2 | 2 | 6 |

JUDGES: Polly Limond; Jodi Lees



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|-----------------|------------------|
| Monday - Friday | 9:00AM - 6:00PM |
| Saturday | 9:00AM - 4:00PM |
| Sunday | 10:00AM - 3:00PM |

MEET A MEMBER



LUCILLE SULLIVAN

Favorite Horse:

I can't say I have an all time favorite horse. I am fortunate to have had the opportunity to work with many horses and I am constantly awed and amazed at how gracious they are and how much they are willing to teach me on a daily basis if I am open and willing to listening. I am blessed to have three generation of horses on my farm and it is wonderful to see the similarities in them as well as the differences that are the result of the knowledge and skills that I have accumulated over the 50 years that I have been riding. I currently have warmbloods, quarterhorses, Lusitanos, PREs and Friesians in my daily line-up. Everyone of them is unique and has something to offer. I am blessed to be fulfilling my childhood dream on a daily basis.

of Years Membership:

4

Discipline(s):

Dressage and recently Working Equitation

Favorite Food:

Sushi

Favorite Music:

Christian

Favorite Horse Movie:

The Black Stallion

Favorite non-horsey thing to do:

Reading

Favorite thing about FRC:

The educational opportunities



EDUCATIONAL SEMINAR RECAP

On April 16, FRC hosted an educational seminar with Matt Devlin, D.C., of [Everyday Movement](#) and [Trade Street Chiropractic](#).

Matt walked us through the importance of maintaining a healthy lumbopelvic-hip complex (LPHC), which is critical to preventing low back pain, fall-related injuries and other dysfunctions in the body. Failing to properly engage the LPHC causes passive structures, such as discs, ligaments and joints, to absorb stress that they were never designed to handle. Matt said to think of your core not "as a six-pack" but instead as a cylinder, from the top of your diaphragm to your pelvic floor, providing stiffness to your body's trunk and establishing a safe, neutral zone for your spine. Prolonged sitting weakens the gluteal muscles and tightens hip flexors, which can cause the pelvis to tip forward.

Riding only makes this worse, since we generally are in a sitting position on the horse and don't typically use our glutes. He said one of the best exercises riders can do are kettlebell swings (done correctly, of course) to open the hip flexors and engage the glutes.

All equestrians—regardless of age, experience, or injury—should consider themselves athletes. To achieve optimal performance, athletes enhance their strengths and address their weaknesses through specific exercise programming and, in the case of equestrians, this requires getting off your horse sometimes!



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THE VALUABLE QUARTER POINT

Submitted by Margaret Freeman, USEF Senior Dressage Judge

If you're looking to improve your dressage score quickly, don't soul search big questions. Look for the tiny ones.

Dressage scores, such as 6.0 and 7.0, seem like finite amounts, but they are really on a continuum. Say you get a 6.0 on a movement, but in the judge's head that could be anywhere from a skinny to a fat 6.0, maybe anywhere from a 5.9 to a 6.4. However, it can still go down on the score sheet as a 6.0.

If you study your last few tests and look for a possible "fat" score here and there, that's where a small improvement – a 20-meter circle rather than an 18-meter circle or a touch more suppleness – could bump that score up to the next half point, with a 6.0 becoming a 6.5 or a 6.5 becoming a 7.0. Make enough small improvements and you will earn enough quarter points to raise a score average by several percentage points, so a steady stream of 62s can become a solid stream of 64s or 65s.

Improvement concerning big questions in dressage can take a lot of time and training. Improvement concerning small questions in showmanship just takes some analysis and imagination but can earn a quick payoff in better scores, more smiles at the end of your test and more cookies for your horse at the end of the day.

FRC Scholarship Application

The Foothills Riding Club (FRC) offers up to 4 scholarships annually for current members, aimed at supporting specific educational or competitive opportunities (not for regular lessons or local shows, but for championship events).

Scholarships are announced in the newsletter and on social media. The Board will select the recipients and determine the scholarship amounts. To be eligible, applicants must have logged a minimum of 4.5 hours of volunteer time with FRC. Scholarship recipients are required to "payback" their award in some way, such as by writing an article for the newsletter, speaking at a monthly meeting, etc.

Each member is eligible for **one scholarship per year**.

Applications must be submitted at least **6 weeks before** the proposed event.

The scholarship award amounts are based on the number of volunteer hours logged with FRC:

- **4.5 hours** = \$250
- **9 hours (full day)** = \$500

A total of **\$2,000** is available each year, with a **\$500 cap** per scholarship recipient.

If there are more than 4 applicants, volunteer service to the club in the current and preceding membership year will be taken into awarding scholarships.

Applicants will be notified of acceptance after review by the FRC Board.

I wish to apply for an FRC Scholarship for:

Name: _____

Address: _____

Phone: _____ email: _____

Specific Purpose for Scholarship Request (include name, date, place)

How will you benefit from attending this event?

How will you "pay back" your scholarship to the club? Creative ideas welcomed!

**Please submit your application to:
FRC President PO Box 637 Landrum, SC 29356**

Note: In the event that you are unable to fulfill the scholarship requirements the scholarship money must be returned.

FRC HAS AN ONLINE STORE!

We have partnered with Grand Impressions Design Co. to offer over 40 different items, including saddle pads, beanies, vests, and shirts, all featuring our logo. We have carefully selected items that are both comfortable and stylish for everyone. Although the turnaround time is a bit longer, the quality is excellent. You can also use Club Bucks to purchase items from the store. If you would like to use Club Bucks, please send an email to Erin at erin.e.stroud@gmail.com with the amount you would like to use, and we will provide you with a gift card for the online store with the matching amount for you to redeem. If you need any assistance with ordering or have any questions, please don't hesitate to contact us.

Follow this link to the online store:

<https://grandimpressiondesign.com/collections/foothills-riding-club>



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“Some horses are being trained with mechanical and technical devices in the shortest time possible...the goal of training should be to further the horse’s capacity to perform, and optimize his physical beauty as well as his overall well-being by taking enough time.”

~ Dr. Gerd Heuschmann

Dr. Gerd Heuschmann, world-renowned expert on equine biomechanics, is the author of *Tug of War - Classical versus “Modern” Dressage*, *Balancing Act: The Horse in Sport - an Irreconcilable Conflict?*, the film *If Horses Could Speak*, as well as *Collection or Contortion: The Anatomy and Biomechanics of Positioning and Bend*, and the newly released *H.DV.12 with Commentary: The Rules of Equestrian Culture Explained Anew* (with Kurd Albrecht von Ziegner).

May 21st - 23rd

\$300 per ride

\$75 per audit day

*FRC members-discounted

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| | |
|----------------|---|
| SerialNumber: | <input type="checkbox"/> US4280500190722 |
| Options | |
| Seat size: | <input type="checkbox"/> 17.5 |
| Tree size: | <input type="checkbox"/> OTS - MW |
| SEAT: | Stirrup bars: <input type="checkbox"/> Normal Dressage Bars (silver Custom w/ thumb bit) Seat leather: <input type="checkbox"/> SBL - SMOOTH BLACK Seat option: <input type="checkbox"/> NORMAL Seat Skirt: <input type="checkbox"/> SBL - SMOOTH BLACK Welt color: <input type="checkbox"/> Black |
| CANTLE: | Cantle option: <input type="checkbox"/> NORMAL Cantle |
| FLAPS: | Flap length: <input type="checkbox"/> 16 Knee roll: <input type="checkbox"/> SOLO Short Roll Knee roll/ pad leather: <input type="checkbox"/> SBL - SMOOTH BLACK Flap leather: <input type="checkbox"/> SBL - SMOOTH BLACK Loops: <input type="checkbox"/> STD - LOOPS Facing - front (on flaps for non mono): <input type="checkbox"/> SBL - SMOOTH BLACK Stitch color: <input type="checkbox"/> Black |
| PANEL: | Front gusset: <input type="checkbox"/> FRONT Gusset Rear gusset: <input type="checkbox"/> Normal Rear Gusset (STD) Gusset leather: <input type="checkbox"/> SBL - SMOOTH BLACK Panel type: <input type="checkbox"/> WOOL Flocked Panels Panel leather: <input type="checkbox"/> SBL - SMOOTH BLACK Facing - back/rear: <input type="checkbox"/> SBL - SMOOTH BLACK Gullet lining: <input type="checkbox"/> SBL - SMOOTH BLACK |

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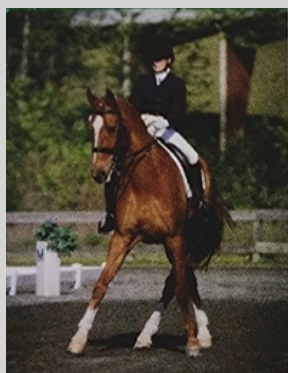
| | | | |
|---------------------------|---|-------------------------------|--|
| Saddle information | | SEAT Option | NORMAL Seat |
| Model: | REPAIR Saddle Tracker <i>list model in NOTES</i> | CANTLE | NORMAL Cantle |
| Leathertype: | Options | Option | |
| Seat Size | 17.5 | Skirt | BBL - BUFFALO BLACK - Solid |
| Flap Length | 15 | Knee Roll/ Pad Leather | SBL - SMOOTH BLACK |
| Front Gusset | NO Front Gusset | Flap Leather | BBL - BUFFALO BLACK - Solid |
| Rear Gusset | Normal Rear Gusset (STD) | Loops | SLITS punched (NO LOOPS) |
| Gusset Leather | SBL - SMOOTH BLACK | Special Notes | |
| Panel Material | WOOL Flocked Panels | Notes: | Previously unstamped Custom Advantage Single flap, all black. |
| Tree Size | OTS - Wide | Serialnumber | |
| Stirrup Bars | Normal Dressage Bars (silver Custom w/ thumb bit) | Serialno: | US3391000230620 |
| Seat Leather | BBL - BUFFALO BLACK - Solid | | |

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Volunteers: Meaghan Morris

Membership & Show Secretary: Kathy McFadden

Hospitality: Jan Bellows

Events: Margaret Freeman

Publicity, Events: Anne Bandes

Hospitality, Events: Christie Moldovan

Members at Large:

Carole Foster (Newsletter)

Jillian Woolridge (Website)

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