



IN THIS EDITION

"Bags and Tags"
Seminar Recap

September Show Results & Pictures

Meet A Member

My Favorite Horse

An Educated Horse

SEPTEMBER 2024

Whew! What a weekend for FRC! The organizers and volunteers put on an outstanding show on Saturday, September 7th, with Dressage and Combined Tests. The featured picture this month was captured after Patricia Fici's Century ride. On Sunday there were more Dressage tests and Cross Country Schooling. Plus, Working Equitation of North Carolina set up obstacles, giving riders the opportunity to practice with experienced folks on hand to help. Thank you to Marquise Equine Nutrition for providing an amazing assortment of goodies to first place winners!

There is only one show left this year so now is a great time to visit the website and read about the year end award requirements.

https://foothillsridingclub.org/results-and-awards/



2024 FRC MEMBERSHIP APPLICATION

Membership into the FRC is a great idea. Perks include an informative, emailed monthly newsletter, discounts on club-sponsored activities, educational programs, socials with fun people, scholarship opportunities and year end awards! Join now with any one of our three membership options below.

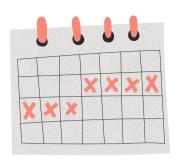
- Individual (\$25)
- Family (\$30)
- Business (\$35) includes a <u>free</u> business card sized ad in our monthly newsletter!

Name (s):
Family Members:
Business Name:
Address:
City:State:Zip:
Phone:E-Mail:
Please write legibly! The club is not responsible for members not receiving club communications due to illegible membership forms. Check ALL interests:DressageEventingWestern DressageWorking EquitationPleasure RidingEnduranceFox HuntingHunter/JumperBreederDrivingHunter PaceTrail RidingSocial member only Other: Ideas for clinics, horse events, educational seminars or social events for 2024:
I am available to volunteer for club sponsored events (<u>list volunteer job you would like</u>)
I am available to help set up (usually Thurs) before the show

Make your check payable to FRC and mail to: FRC, P. O. Box 637, Landrum, SC 29356. If you have chosen to join as a Business Member, please attach your business card with this application! You can also join on-line at www.foothillsridingclub.org

For questions, please contact foothillsridingclub@gmail.com. Thank you for your support! Check our website for info, updates & more! www.foothillsridingclub.org

UPCOMING EVENTS



October

- 10.17 Osteopath seminar with Yarden Cohen at FENCE house
- 10.26 Dressage & Combined Training Show at FENCE

November

- 11.2 Charlotte Cannon Clinic at FENCE
- 11.14 Annual Meeting at FENCE house



JOIN THE BOARD!

Consider giving back to the riding community by joining the Foothills Riding Club board.

Contact <u>foothillsridingclub@gmail.com</u> for more information.





Job Opportunity: Horse Show Secretary

Ever wondered what it's like to be a horse show secretary? Now's your chance to find out! Our beloved secretary is retiring at the end of the year, and we're looking for someone to step into the role for 2025!

What we need:

- Tech-savvy skills (our registration and scoring are fully digital)
 - Organization (we average 100-140 rides per show)
- Strong communication (our team works together to run smooth, efficient shows)

There is compensation for the secretary for each show. Interested? Email our President, Erin Stroud-Parker, at president@foothillsridingclub.org. You can shadow our current secretary for the rest of the year and get all the details. Join us and be a part of our amazing team!





WHAT IS ()STEOPATHY?

Equine Osteopathy is a hands-on therapy that considers the body as a unified entity, comprising three essential systems:

- 1. Parietal: Focusing on muscles and bones, this system delves into the structure and biomechanics of your horse.
- 2. **Craniosacral:** Examining the connection between the cranium and sacrum, this system explores its function and impact on immunity and vitality.
- 3. **Visceral**: Centered around the internal organs, this system explores their neurological and fascial connections and their profound influence on your horse's well-being and movement.

At the heart of Equine Osteopathy lies the belief in addressing the root cause of symptoms, allowing the body to rediscover its balance and achieve and maintain homeostasis. By restoring mobility, we pave the way for proper neurological and vascular function, reducing stasis, congestion, inflammation, and pain—all contributing to a happier, healthier, and more agile horse.

SAVE THE DATE!
Yarden Cohen
seminar on
October 17th at
FENCE



FRC AUGUST 2024

MY FAVORITE HORSE

Submitted by Sue Mullen

Ever been to a horse sale "just to watch"? My husband and I did that in 1990 and ended up making two trailer trips from Maysville to Louisville, KY to bring home the three horses we purchased at a Paramont Arabians auction. Of the three horses, I resold one for more than I paid, and one became my daughter's horse and then went on to good friends when she outgrew him. The third was a 4 year old Polish Arabian stallion by the name of Huntah who had been trained for the track but never raced because of a suspensory injury; he sold for \$500.

Huntah (now Hunter) had spent his life on groomed pastures or in a stall, so after he was gelded and I started riding him, he understandably would get very nervous about weeds touching his belly, low hanging branches, and horses passing either direction. He figured out rural riding pretty quickly though, and soon became the perfect long distance horse - willing, brave, all business on the trail, easy to load and haul, and a total gentleman around the barn and at ride camps. As a bonus he had a very competitive nature. Many times we were on trail alone, moseying along, and he would flick an ear back and take off, having heard horses coming up behind us. Even when mandatory holds were back at ride camp, he was always eager to leave his hay bag and take back off down the trail.

We joke about the saying "healthy as a horse" because we've all had to deal with so many equine health issues, but Hunter really was healthy up to the day he died at 31 years old, requiring no more than a yearly vet visit for his rabies shot and a Coggins test. We did struggle for a bit with a subtle lameness, and after a misdiagnosis of navicular and a visit to UGA the problem of sore heels was solved by using bar shoes during the competition season.

For conditioning and to get the hang of long distance competition, we logged close to 700 miles of competitive trail rides over two years. Then, beginning in 1994, we completed well over 3,000 miles of endurance rides of 50, 75 and 100 miles. In 2002 we won the Biltmore 50 against 108 starters.

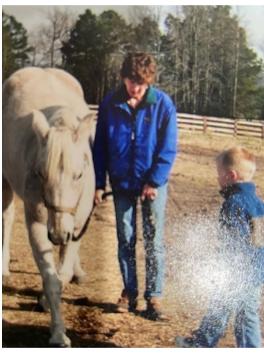
FRC AUGUST 2024

My Favorite Horse

The following year we did our first 100 mile ride at the Biltmore, which gave me the distinction of coming in both first and last at a Biltmore ride! For a change of pace over the years, we threw in a ride and tie with my husband and a triathlon with my husband and brother-in-law.

For 27 years Hunter was my friend, companion, fellow explorer, and source of great pride and joy. Most importantly, my time with Hunter taught me so much about horses, myself, and life in general. I wasn't looking for a horse when we went to that sale, but I feel extraordinarily lucky to have had him in my life.











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FRC is happy to introduce a new youth program. Interested in joining? Want to learn more? Sign up for a membership and let us know about the young members in your family to be included on future mailing lists.

The purpose of the FRC youth program is to encourage young members (under 18) to become involved in the Riding community. Further, the program seeks to provide educational, team-building and community growth opportunities while helping to instill important work ethic, horsemanship and camaraderie values.

For more information send a message to aubrey.eisenman1@gmail.com

FRC Schooling Dressage, Sept. 7-8, 2024 at FENCE

<u>#</u>	Division Name	Horse Name	Ride	or .	<u>Dressage</u> <u>Percentage</u>	Final Place
≖ 88	13.Novice Test B	Tykillen Livewire	Heather	Sinclair	34.20	1
		10 th 10	Randi		39.70	2
126	13.Novice Test B	Atoka	Kandi	Goulding	59.70	2
35	11.Beg. Novice Test B	Kismet to the Blue	Adda	Bailey	33.40	1
40	11.Beg. Novice Test B	Margot	Elena	Kuzmenko	38.10	2
70	9.Starter Test	BDF Secret Weapon	Coti	Hausman-Yandle	36.00	1T
108	9.Starter Test	Mucho Spicy	Lindsay	Mohr	36.00	1T
83	9.Starter Test	Allie	Leanna	Eckenrode	37.30	3
61	9.Starter Test	Rathcoole Rock N Roll Kid	Melissa	Coates	39.00	4
124	38a.Prix St George	Siete de Susaeta	Justine	Wilson	68.97	1
72	38a.Prix St George	Dauntless Debonair	Susan	Shelton	65.15	2
59	34. Third Level Test 1	Lares Interagro	Stephanie	Gibson	63.11	1
113	33.Second Level Test 3	Hugo Fan EFS	Alyse	Schuver	67.86	1
59	33.Second Level Test 3	Lares Interagro	Stephanie	Gibson	60.83	2
			_Account of the control of the contr	ALE-MERITANIA PROFESSIONALISMO		
41	28.First Level Test 1	Rapport	Susan	Anderson	63.52	1
103	28.First Level Test 1	Caicos Express	Briana	Ambrosic	62.22	2
31	28.First Level Test 1	Sweet Dolchey	Tracey	Raasch	60.74	3
92	28.First Level Test 1	James P. Sullivan	Kelly	Vaughan	58.33	4
118	28.First Level Test 1	Serendipitous	Kelli	Smith	56.11	5
41	29.First Level Test 2	Rapport	Susan	Anderson	62.27	1
38	29.First Level Test 2	Dawn's Early Light	Katie	Hauenstein	61.52	2
103	29.First Level Test 2	Caicos Express	Briana	Ambrosic	60.76	3
92	29.First Level Test 2	James P. Sullivan	Kelly	Vaughan	58.49	4
113	30.First Level Test 3	Hugo Fan EFS	Alyse	Schuver	71.25	1
11	25 Training Test 1	Janaland	Favi	Malley	62.80	1
11	25.Training Test 1	Jaceland	Lexi	Malloy	62.89	1
74	25.Training Test 1	Global Champion MFS	Ashley	Guinn	59.23	2
74	26.Training Test 2	Global Champion MFS	Ashley	Guinn	54.31	1
74	20.11allillig Test 2	Global Champion MF3	Astriey	Guilli	34.31	1
33	27.Training Test 3	SLE Ocean Ablaze	Stevens	Moselev	71.80	1
28	27.Training Test 3	Missile Mist	Lila Jane	Potter	71.80	2
104	27.Training Test 3	Fari	Natalie	Schembra	68.80	3
90	27.Training Test 3	Parette	Patricia	Fici	62.60	4
69	27. Training Test 3	Lucy	Julia	Rushing	56.40	5
65	27.Hailling lest 5	Lucy	Julia	Rusilling	36.40	3
52	19.Working Eq. Intro	Herbie	Gabrielle	Beam	60.37	1
132	19.Working Eq, Intro	Sye	Baylon	Hubbs	55.93	HC
		-,-	/		.26.50.07.15.	N.O.A.
48	19a.Working Eq, Level 2	Al	Sue	Mullen	67.50	1
123	37.Fourth Level Test 3	Fly the W	Justine	Wilson	64.31	1
72	39.INTERMEDIATE 1	Dauntless Debonair	Susan	Shelton	68.53	1
60	41. Grand Prix	Gandolf	Stephanie	Gibson	58.48	1

Congratulations to Patricia Fici and her horse Parette for their Century Ride - they have a combined age of 104!







Photos courtesy of Jodi Lees









FRC

FRC Schooling Dressage, Sept. 7-8, 2024 at FENCE

					Dressage	
<u>#</u>	<u>Division Name</u>	Horse Name	Ride	<u>er</u>	<u>Percentage</u>	Final Place
107	22.Intro Test A, Large Arena	Cadbury	Brooke	Mercier	65.00	1
110	22.Intro Test A, Large Arena	Onyx	Kristine	West	63.75	2
109	22.Intro Test A, Large Arena	Jazzy Ray Lena	Dominika	Leszczynska	57.19	3
42	23.Intro Test B, Large Arena	Banjo	Gwynneth	Roberts	57.81	1
109	23.Intro Test B, Large Arena	Jazzy Ray Lena	Dominika	Leszczynska	56.88	2
120	23.Intro Test B, Large Arena	Doc Bar's Journey	Jennifer	Daily	54.69	3
107	24.Intro test C, Large Arena	Cadbury	Brooke	Mercier	64.25	1
120	24.Intro test C, Large Arena	Doc Bar's Journey	Jennifer	Daily	54.25	2
96	24.Intro test C, Large Arena	Rae of Sunshine	Haley	Fogarty	53.25	3
105	24.Intro test C, Large Arena	Heir To The Throne	Maddie	Goddard	53.25	4
42	24.Intro test C, Large Arena	Banjo	Gwynneth	Roberts	47.75	5
122	6.Intro Test A, Small arena	Anubis	Danielle	Lamb	60.63	1
84	6.Intro Test A, Small arena	Allie	Adelyn	Eckenrode	59.69	2
22	7.Intro Test B, Small arena	Roux's Gambit	Catherine	Maddux	63.75	1
127	7.Intro Test B, Small arena	Mystiek JT	Jennifer	Trilk	57.81	2
36	7.Intro Test B, Small arena	900 Turbo	Cana	Allmond	56.56	3
127	8.Intro Test C, Small arena	Mystiek JT	Jennifer	Trilk	64.50	1
57	8.Intro Test C, Small arena	Stone Toss	Kelly	Grisham	62.50	2
29	8.Intro Test C, Small arena	Bailey's N Cream	Abby	Lail	61.50	3
22	8.Intro Test C, Small arena	Roux's Gambit	Catherine	Maddux	54.75	4
34	8.Intro Test C, Small arena	Sparkle & Boom	Sawyer Kate	Moseley	54.25	5



Special thanks to volunteer photographer Lee Griffith!

View the full gallery at

https://lkgriffith.shootproof.com/

FRC Schooling Dressage, Sept. 7-8, 2024 at FENCE

				<u>Dressage</u>	
<u>#</u>	<u>Division Name</u>	Horse Name	<u>Rider</u>	<u>Percentage</u>	<u>Final Place</u>
131	215. Training Test B	Walter	Lena Bruno	37.60	1
95	212.Novice Test A	Divine Proportion	Sarita March	37.80	1
0	213. Novice Test B	Walter	Lena Bruno	37.20	1
67	209.Starter Test	HM Checkmate	Sarah Brillhart	38.70	1
124	238a. PSG	Siete de Susaeta	Justine Wilson	66.62	1
123	237a. Fourth Level, Test 3	Fly the W	Justine Wilson	62.50	1
5	228. First Level Test 1	Sawyer	Kristen Griffith	64.07	1
6	228. First Level Test 1	Paint Me Blue	Marisa Fishlock	60.37	2
5	229. First Level Test 2	Sawyer	Kristen Griffith	64.85	1
92	229. First Level Test 2	James P. Sullivan	Kelly Vaughan	56.36	2
15	225.Training Test 1	It's Miller Time	Liz Mclamb	68.65	1
106	225.Training Test 1	Kaspian Z	Allison Shephard	68.27	2
15	226.Training Test 2	It's Miller Time	Liz Mclamb	67.41	1
106	227.Training Test 3	Kaspian Z	Allison Shephard	66.00	1
102	227.Training Test 3	Branchfield Captain	Elizabeth Dicey	64.20	2
6	227.Training Test 3	Paint Me Blue	Marisa Fishlock	64.00	3
	20				550
99	219. Working Eq Intro Test	LD Corona Star	Emily Windsor	56.48	1
112	219. Working Eq Intro Test,	Little Red Corvette	Karen Wheeler	51.11	2
48	219a. Working Eq, Level 2	Al	Sue Mullen	63.39	1
71	206.Intro Test A, Small	GHF Popcorn	Wynne Smith	62.19	1
19	206.Intro Test A, Small	The Adventures of Huckleberry	Katie Lemerise	60.94	2
22	207.Intro Test B, Small	Roux's Gambit	Catherine Maddux	66.88	1
19	207.Intro Test B, Small	The Adventures of Huckleberry	Katie Lemerise	63.13	2
127	207.Intro Test B, Small	Mystiek JT	Jennifer Trilk	62.81	3
71	207.Intro Test B, Small	GHF Popcorn	Wynne Smith	61.88	4
127	208.Intro Test C, Small	Mystiek JT	Jennifer Trilk	66.50	1
208	208.Intro Test C, Small	Roux's Gambit	Catherine Maddux	64.00	2
63	222.Intro Test A, Large	Rafael GSH	Carole Foster	66.56	1
115	223.Intro Test B, Large	Mighty Blessed	Krista Rose	66.56	1
114	223.Intro Test B, Large	Steel Magnolia	Katie Spring	66.56	2
63	223.Intro Test B, Large	Rafael GSH	Carole Foster	62.19	3
		MARKET IN ANG. W			alesto.
115	224. Intro Test C, Large	Mighty Blessed	Krista Rose	65.25	1
107	224. Intro Test C, Large	Cadbury	Brooke Mercier	65.00	2
114	224. Intro Test C, Large 224. Intro Test C, Large	Steel Magnolia	Katie Spring	63.25 57.00	3
96	224. IIIII O Test C, Large	Rae of Sunshine	Haley Fogarty	57.00	4









MEET A MEMBER



I have been training and teaching for over 40 years and have worked with some wonderful horses. My all-time favorite is Prinz Lombard, aka Vinnie. I bought him as a green 4-year-old and we were dance partners for 19 years. He was kind of a big ugly duckling that was an elastic mover with a huge heart. He was the barn sentinel. I could ride him anywhere, if he spooked, he'd take me with him. He was in tune with me and I trusted him. Vinnie was easy to train with a "can do" work ethic. We competed through the FEI levels, almost making it to GP. He gave me so much confidence and joy. He will forever be in my heart. Vinnie (1997 - 2020)

And now my young horse, who's into everything, has a few things to say J

Name: Supremo SWF, aka Primo Hancock

of years membership: 3 years

Discipline: Dressage and pasture mower

Favorite Food: Alfalfa and Beet Pulp

Favorite Music: WNCW

Favorite Movie: Into The West

Favorite Non-horsey thing: Shenanigans with things on

my stall front and spying on my human

Favorite thing about FRC: Being part of the action at shows

Favorite Horse: My all-time favorite horse is Vinnie. He taught me how to mutually groom and dunk my hay in my water bucket.

SUSAN HANCOCK

of Years Membership:

<u>Discipline:</u> Dressage

Favorite Food:

Dark Chocolate

<u>Favorite Music:</u> Americana

<u>Favorite Movie:</u> Hunger Games

Favorite non-horsey
thing to do:
Hiking, Bird Watching

<u>Favorite thing about</u> <u>FRC:</u> Horse shows and educational talks



AN EDUCATED HORSE

Submitted by Carrie "riding with a purpose" Kimmell

Recently I learned a horse I had trained and sold was resold.

- I sold him to a lovely, dedicated young rider.
- I always said if I could have written an advertisement for his human it would have described her word for word.
- But young people grow up and need to start real life.
- And so the family worked to find him an amazing new owner who reached out to me.
- I was tickled to receive this update especially in regard to the love and care he would receive as well as their commitment to keep him forever even after his last riding chapter is done.
- But this update reminded me of something I think about often when I'm bringing my horses along.
- That the best service we can give any of our horses is to educate them.
- Because an educated horse almost always ends up in a good home.
- An educated horse is handled, appreciated, and loved because he has something valuable to offer his human.
- And in return he receives care (often above and beyond the care most of us give ourselves).
- So please educate your horses.
- Teach them respect.
- Train them with future and perhaps less confident riders in mind.
- Because at the end of the day an education is the most enduring gift you can impart to any horse.
- This is how we do right by them.
- Love them through training and education.
- Then they will be loved for the rest of their lives even if it's not in your barn.

FRC Scholarship Application

FRC is proud to be able to award four scholarships annually. In order to qualify for an FRC Scholarship, you must be a current FRC member at the time of your application. Additionally, your request must be for a rare educational opportunity or clinic or a championship competition purpose directly related to your riding discipline. In exchange, scholarship recipients must give back to the club in some tangible way.

Scholarships are for a maximum of \$250; four awarded yearly

- Scholarships for May, June, July events are due April 1st
- Scholarships for August, September, October events are due July 1st
- Scholarships for November, December, January events are due October 1st
- Scholarships for February, March, April events are due January 1st

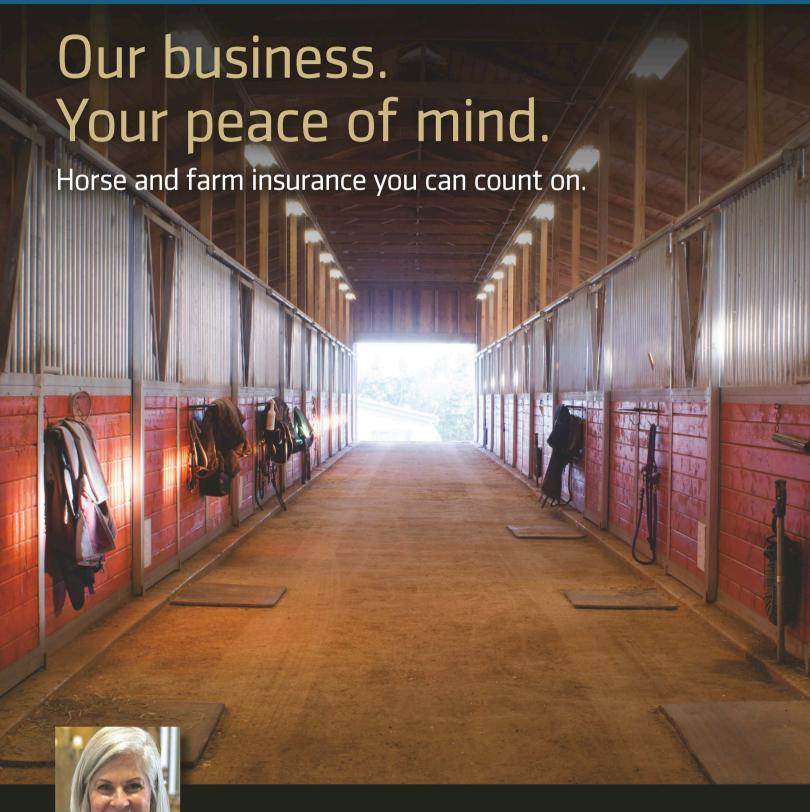
If there are more than 4 applicants, volunteer service to the club in the current and preceding membership year will be taken into awarding scholarships.

Applicants will be notified of acceptance after review by the FRC Board.

I WISH to apply for an FRC Scholarship for:
Name:
Address:
Phone: email:
Specific Purpose for Scholarship Request (include name, date, place)
How will you benefit from attending this event?
How will you "pay back" your scholarship to the club? Creative ideas welcomed!

Please submit your application to: FRC President P.O. Box 637 Landrum, SC 29356

Note: In the event that you are unable to fulfill the scholarship requirements the scholarship money must be returned. FRC AUGUST 2024



Pagan Gilman

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FRC HAS AN ONLINE STORE!

We are thrilled to announce that our online FRC swag store is officially open. We have partnered with Grand Impressions Design Co. to offer over 40 different items, including saddle pads, beanies, vests, and shirts, all featuring our logo. We have carefully selected items that are both comfortable and stylish for everyone. Although the turnaround time is a bit longer, the quality is excellent. You can also use Club Bucks to purchase items from the store. If you would like to use Club Bucks, please send an email to Erin at erin.e.stroud@gmail.com with the amount you would like to use, and we will provide you with a gift card for the online store with the matching amount for you to redeem. If you need any assistance with ordering or have any questions, please don't hesitate to contact us.

Follow this link to the online store:

https://grandimpressiondesign.com/collections/foothills-riding-club

Follow Foothills Riding Club!







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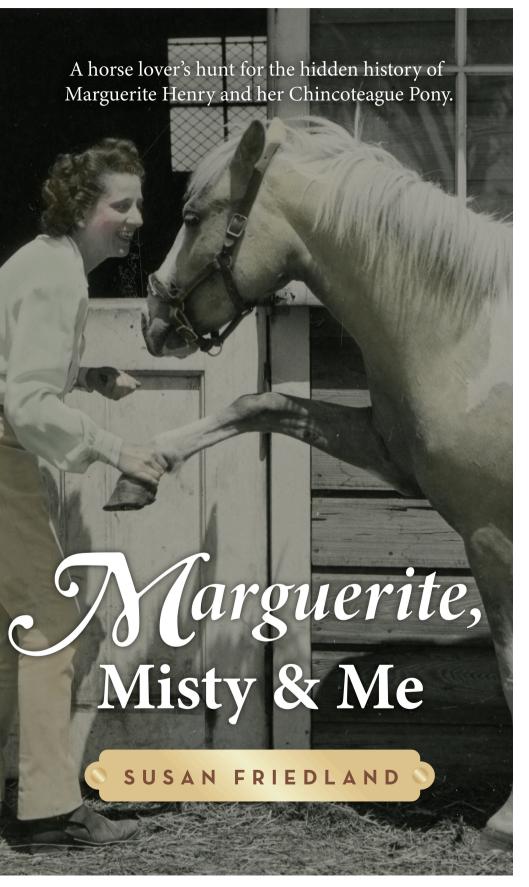
Foothills Riding Club



BIT O' NEWS

DO YOU HAVE A NEW HORSE?
ACCOMPLISH SOMETHING NEW?
HAVE A FUNNY PHOTO OR
TIDBIT TO SHARE? SEND IT TO
FRCNEWSLETTERS@GMAIL.COM

SAVE THE DATE!



Marguerite Henry's biographer, Susan Friedland, will be visiting us in Horse Country on Oct 16, 2024, to share her just-published book on the beloved author. Book Signing Page and Flame bookstore in Landrum at 11 am, followed by a lecture at the Tryon Depot (also on the 16th) at 6:30 pm. Please join us. Light refreshments.

Marguerite Henry was an American writer of children's books, writing fifty-nine books based on true stories of horses and other animals. She won the Newbery Medal for King of the Wind, a 1948 book about horses, and she was a runner-up for two others. Her books included Misty of Chincoteague, Album of Horses, Justin Morgan Had A Horse, Black Gold, and others.

For more information, call or email Libbie Johnson at 828-817-3753 or LibbieJohnson@gmail.com.

CLASSIFIEDS

Custom Saddlery Everest R Monoflap Dressage Saddle \$2,200 firm. The person I bought it from had a nameplate, so that can faintly be seen on the back. This saddle is in amazing condition, has always been tack room-kept and taken great care of. Unfortunately, the horse it was bought for is retired and it does not fit the new horse. Happy to answer any questions. Local trials only. Contact Natalie, natalie.schembra@gmail.com

Seat size: 17.5

Estimated Tree Fit: MW

Flap Size: standard

Flap Length: 16"

Color: black (camel/caramel welt)

Panels: wool flocked (reflocked in 2023 and has not been

ridden in since) Serial Number:





CLASSIFIEDS

Full bridle in excellent condition. Bits are 5" and Weymouth has a short shank (2.25"). \$150 includes

bits and reins.







Dresch dressage saddle in very good condition. Maroon piping, buffalo leather on seat and flaps, 17.5" seat, Tristan tree set to wide. \$2,500.

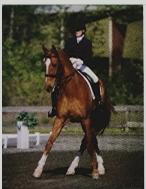








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Lucille M. Sullivan Trainer

1590 WV Thompson Road, Rutherfordton, NC 28139

631-252-3687 navillusdressage.nc@gmail.com





USDF Certified Dressage Instructor/Trainer Silver and Bronze Medalist



SUSAN HANCOCK

Boarding and Training

Dedication to education and rider achievement 541-231-9438 dressagewsusan@gmail.com



Martha Kemmer

Veterinary Technician **EM/MT** Certified Therapist

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Pagan Gilman Your Horse, Farm, and Ranch Resource

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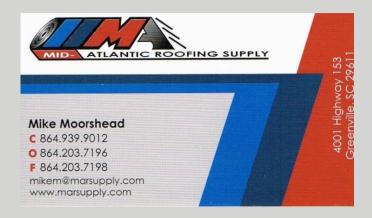
Gena McCall Meredith, MACC*, CExP[™]

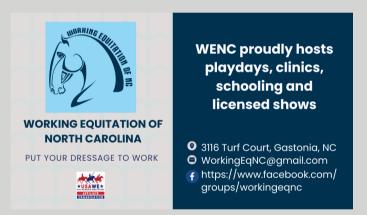
Financial Advisor Park Avenue Securities

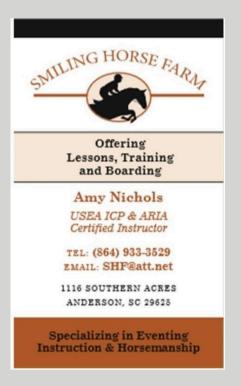
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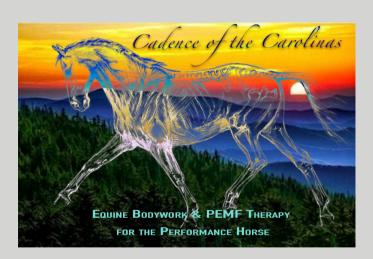


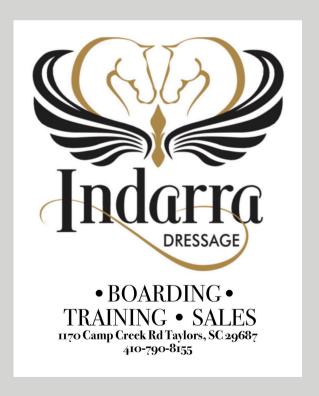
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