



IN THIS EDITION

**Working Equitation
Clinic and Show
Recap**

Meet A Member

**How to score "8's"
recap**

My Favorite Horse

MAY 2024

Have you heard the latest buzz? No, not the cicadas. Our 2024 events calendar has grown again. Get out your pens and save these dates!

The Hunter Pace has been rescheduled for June 8th. Full details will be posted on wchpace.org soon.

Newly added is a Nutrition seminar with Amber Massey on July 18th.

This fall FRC is excited to bring back Daniel Stewart for a 2-day clinic September 21st - 22nd. This was a huge hit last year for riders and auditors.



2024 FRC MEMBERSHIP APPLICATION

Membership into the FRC is a great idea. Perks include an informative, emailed monthly newsletter, discounts on club-sponsored activities, educational programs, socials with fun people, scholarship opportunities and year end awards! Join now with any one of our three membership options below.

- **Individual (\$25)**
- **Family (\$30)**
- **Business (\$35) – includes a free business card sized ad in our monthly newsletter!**

Name (s): _____

Family Members: _____

Business Name: _____

Address: _____

City: _____ **State:** _____ **Zip:** _____

Phone: _____ **E-Mail:** _____

Please write legibly! The club is not responsible for members not receiving club communications due to illegible membership forms.

Check ALL interests: Dressage Eventing Western Dressage Working Equitation

Pleasure Riding Endurance Fox Hunting Hunter/Jumper Breeder Driving

Hunter Pace Trail Riding Social member only Other: _____

Ideas for clinics, horse events, educational seminars or social events for 2024:

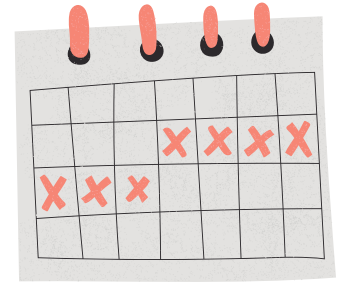
I am available to volunteer for club sponsored events (list volunteer job you would like)

I am available to help set up (usually Thurs) before the show

Make your check payable to FRC and mail to: FRC, P. O. Box 637, Landrum, SC 29356.
If you have chosen to join as a Business Member, please attach your business card with
this application! You can also join on-line at www.foothillsridingclub.org

For questions, please contact foothillsridingclub@gmail.com. Thank you for your support!
Check our website for info, updates & more! www.foothillsridingclub.org

UPCOMING EVENTS



May

- 5.18 Dressage & Combined Training Show at FENCE**
- 5.26 Youth Meet & Greet at FENCE**

June

- 6.8 Hunter Pace at Circle Z Farm**

July

- 7.13 Dressage Show at FENCE ~ Benefit for FENCE**
- 7.18 Nutrition seminar with Amber Massey at FENCE house**

September

- 9.7 Dressage & Combined Training Show at FENCE**
- 9.8 Dressage Show at FENCE**
- 9.21 & 22 Daniel Stewart Clinic at Lollybrook Farm**

October

- 10.26 Dressage & Combined Training Show at FENCE**

FRC YOUTH PROGRAM

FRC is happy to introduce a new youth program going into 2024. Interested in joining? Want to learn more? Sign up for a membership and let us know about the young members in your family to be included on future mailing lists.

FRC Youth Program Mission Statement (what is it about)?

The purpose of the FRC youth program is to encourage young members (under 18) to become involved in the Riding community. Further, the program seeks to provide educational, team-building and community growth opportunities while helping to instill important work ethic, horsemanship and camaraderie values.

For more information send a message to aubrey.eisenman1@gmail.com

**May 26th
3 to 5 PM
Covered patio overlooking
FENCE cross country course**

**RSVP by 5/20 to
aubrey.eisenman1@gmail.com**

This will be our first official youth event! We will have a pizza party meet and greet at the FRC building on the covered patio overlooking the cross country course. Pizza and pop is provided!

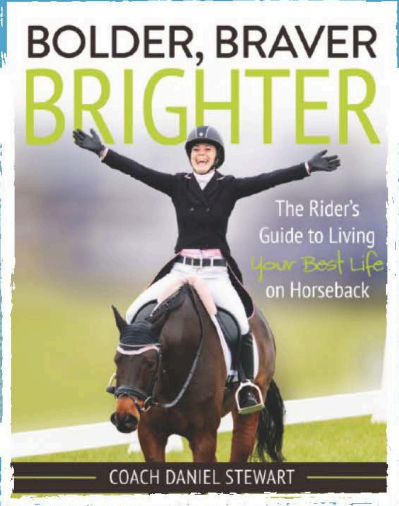
This will be a round table style meet and greet where YOU can help us decide the future of the youth program. Let's get to know each other and get some ideas going!

HOSTED BY FOOTHILLS RIDING CLUB

**SEPTEMBER
21 and 22**
**AT
LOLLYBROOK
FARM**
743 Hickory Grove Church
Rd, Columbus NC 28722



with
COACH DANIEL STEWART



**RIDING CLINICS
SPORT PSYCHOLOGY SEMINAR
RIDER FITNESS WORKSHOP AND BOOTCAMP**

Daniel Stewart is a former international team coach, mental-coaching consultant to many equestrian associations; has published four books on equestrian sport psychology, biomechanics and fitness; and is considered one of the worlds leading experts on equestrian sport psychology, athletics and performance... and he's coming to teach us!

His upbeat and empowering clinic and symposium is the perfect way for us to become more confident and courageous by learning how to overcome fears, failures and frustrations. It's also perfect for anyone who gets a bit nervous, experiences show jitters, struggles with mistakes or memories... or anyone who just wants to put a little more happy in their happy place!

Our clinic and workshops include a live Q&A's and book signing!

CLINIC SCHEDULE

SATURDAY	SEPT 21
11:00 - 3:00	Riding Lessons (three groups)
3:30 - 4:30	Rider Sport Psychology Seminar
4:30 - 5:00	Q&A and Book Signing
SUNDAY	SEPT 22
8:00 - 12:00	Riding Lessons (three groups)
12:30 - 1:30	Rider Fitness Workshop
1:30 - 2:00	Q&A and Book Signing

Riders of all ages and levels welcome!

INAGURAL FRC WORKING EQUITATION CLINIC AND SCHOOLING SHOW

Submitted by Sue Mullen

With a full clinic of 18 horses and riders, judge Polly Limond guided groups of three through the big picture and the finer points of working equitation ease of handling on Saturday. The day was followed by a course walk for the next day's show and ended with pizza dinner with the judge.

We had a very full slate for Sunday's schooling show, with a wide range of sizes, types, and breeds, as well as a variety of tack and attire. There were two mules, a Saddlebred, Gypsy Vanner or two, Quarter Horses, Thoroughbreds, Arabians and many mixed breeds. Some were ridden western, some dressage, some hunt seat, and some in the vaquero style.

The day started with dressage in the outdoor ring, then moved to the covered for Ease of Handling (EOH) and speed rounds. No matter the breed or style, the purpose was the same – to correctly and efficiently navigate obstacles with calm, clear connection to the horse (or mule). Some riders above Intro level chose to participate in the speed round where many of the nuances of EOH are set aside to reach the goal of completing the course in the fastest time, in the correct order, with minimal faults.

Many people came together to make this new-to-us event such a success. In addition to the usual slate of incredible volunteers, who I can't thank enough, this clinic and show required obstacle construction and transfer and course setting – then taking them all down and back to their original home. Ardent working equitation supporter, Melissa VanDoren, was a generous sponsor of the event and Buck's Pizza in Tryon donated pizza for the Saturday dinner. Region 7 director, Pat Melton, scored all three schooling phases, hosted a refreshment table for the riders, and gave me invaluable information, ideas, and moral support for the last three months.

Three things come to my mind when I think back on the weekend. Great people! Great horses and mules! Great fun!
High five everyone!



MY FAVORITE HORSE

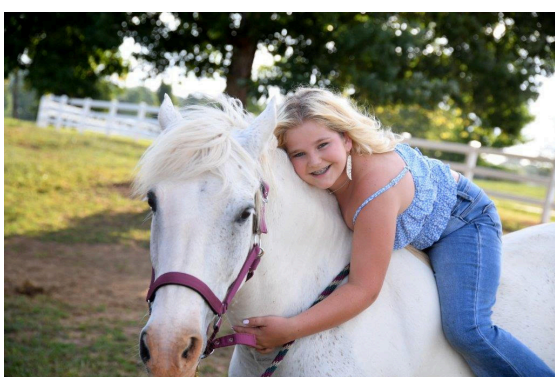
Submitted by Jacqui Lanier

We found Sherman the Pony in a backyard outside of Charlotte. My daughter, Jazzy, was 9, and I was determined to get her hooked on ponies. We met him, crawled on him, tried to spook him or irritate him, all to no avail. He was very patient and his price was right, so home we went.

Sherman's name at that time was Zeus, but we had a dog named Zeus, so Jazzy and I came up with Sherman. Jazzy took a couple of lessons here and there, and brushed him occasionally, but she was way more interested in cheer and gymnastics, so Sherman lived his best life and thought he had entered retirement.

Finally, 13 year old Jazzy decided to ride! She became a fixture at the barn, helping with chores and learning with Sherman. There were trail rides, bareback rides, games, gallops, all the fun stuff for a girl and her pony. The pair progressed, and before I knew it there were horse shows, lead changes, and more advanced equitation. Sherman took her to her first show at TIEC, her first Derby in the big stadium, her first cross country jumps, and first Hunter Pace. On trail rides, Sherman and Jazzy had to lead the way as I was always riding something skittish that needed confidence. The absolute best part of all of this was having something to share with my teenage daughter!

Last summer we finally had to admit that Jazzy's legs had outgrown the pony world. I cried as I prepared to let Sherman take on another kid. We've been so lucky that Sherman still stays at our barn and I get to see his adorable new 10 year old mount navigate the ropes of Pony Club with him. I have loved so many horses, but the love for a trustworthy pony that takes care of your kid and teaches her a love for riding and horsemanship she can hold on to for life is unmatched.



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1ST FRC 2024 SEMINAR

Submitted by Edith Cahoon

Keynote Speaker: Mrs. Margaret Freeman (Dressage S-Judge)

Topic: How to get 8's on your test.

What a great turnout! From the moment Margaret took the “stage,” she had our full attention, giving us an insight into her job as a judge. Any judge’s role is to assess how close the horse/rider conform to the ideal criteria of the training scale: Rhythm (Regularity), Suppleness, Contact, Impulsion, Straightness, and Collection, and must be prepared to use scores from 0-10 depending on the performance of each and every movement. And that is for every level and the tests within that level.

What does it mean when we get a 7? Fairly good but could be better. A 6 – should be better, and a 5 – must be better. Margaret’s advice before signing up for a show/class is to pay close attention to the directives, which can be found online or in the test booklet. Know what level your horse is at. If you are schooling he/she at 2nd level, sign up for 1st level etc. She also encourages riders to learn the tests by heart and so well one can concentrate on the movement, when to give a half-halt, etc.

If a mishap occurs, don’t dwell on it but focus instead on what comes next. She proceeded to give us a valuable pointer as to how to execute a better entry into the ring. Those 45 sec. after the whistle, bell, etc. should be used wisely and as an opportunity to familiarize your mount with the spooky things in the ring, i.e. judge’s stand, tent. Then enter the ring in front of the letter A in a shoulder-fore aiming for straightness and an immobile square halt, followed by a prompt move-off. Cutting corners or going too deep can cost you points, and you are missing out on an opportunity to rebalance your horse through half-halts. It truly is the little things that count when you are trying to achieve the magical 70+% score and, therefore, pay attention to the FREE WALK, STRETCHY CIRCLE, CHECK YOUR POSITION, USE THE AREAS THAT AREN’T MARKED (between letters). ON SERPENTINES SHOW THE CORRECT CHANGES OF BEND, PREPARE YOUR HORSE FOR EACH MOVEMENT, AND ACCURACY AND GEOMETRY

I believe that the attendees who plan on entering future shows now have a more clear understanding and are better equipped to enter the show ring more confidently. Judging is not an easy task and comes with a lot of responsibility. We are very grateful to Margaret for having taken time out of her busy schedule to spend the evening with us. She chose to donate her \$100.00 honorarium to the Lendon Gray Dressage4Kids program, which FRC did on her behalf.



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MEET A MEMBER

FAVORITE HORSE STORY

Faguiero (Fig) is my Lusitano gelding. We were out on the wooded trails at the barn where I board and train (Navillus Dressage). There were three of us and Fig and I were at the rear. The 1st horse stirred up some ground bees, Lucille was on my other horse, Ejecutor, and they both got a few stings. By the time Fig and I caught up, Fig got stung dozens of times. He started passaging, and was trembling all over. I let him trot up to the lead horse and Lucille was yelling "dismount". It took a few minutes to find a safe spot to dismount and Fig stayed still while I got off. Not once did he rear, buck, or take off, even when I was on the ground! After we got back to the barn and put him in his stall, he started racing around and the swelling from the stings was horrible. I'm a novice rider and know that I can always trust Fig to take care of me. He is a true sweetheart!



LYNDA OVAERT

Years of Membership: 4

Discipline: Dressage

Favorite Food: Queso and fish

Favorite Music:
Everything BUT country, rap, heavy metal

Favorite horse movie:
Secretariat

Favorite Non-horsey thing to do: Cook, yoga, read, paint, play piano

Favorite thing about FRC:
Well-run shows, friendly folks, low-key atmosphere and great seminars.

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Located right next to Aldi on Hwy 14, or visit them online at

<https://www.landrumhardware.com/>.

FRC HAS AN ONLINE STORE!

We are thrilled to announce that our online FRC swag store is officially open. We have partnered with Grand Impressions Design Co. to offer over 40 different items, including saddle pads, beanies, vests, and shirts, all featuring our logo. We have carefully selected items that are both comfortable and stylish for everyone. Although the turnaround time is a bit longer, the quality is excellent. You can also use Club Bucks to purchase items from the store. If you would like to use Club Bucks, please send an email to Erin at erin.e.stroud@gmail.com with the amount you would like to use, and we will provide you with a gift card for the online store with the matching amount for you to redeem. If you need any assistance with ordering or have any questions, please don't hesitate to contact us.

Follow this link to the online store:

<https://grandimpressiondesign.com/collections/foothills-riding-club>



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[Foothills Riding Club](https://www.youtube.com/FoothillsRidingClub)



BIT O' NEWS

DO YOU HAVE A NEW HORSE?
ACCOMPLISH SOMETHING NEW?
HAVE A FUNNY PHOTO OR
TIDBIT TO SHARE? SEND IT TO
FRCNEWSLETTERS@GMAIL.COM

Buster & Sheryl McLaury 4-day Horsemanship clinic May, 31 - Jun, 1-3, 2024.

2022 Double J Arena, 445 Lockaby Rd, Pendleton, SC 29670

Buster McLaury and his wife Sheryl met Ray Hunt early in their career. They attended clinics and learned from him. They adopted the principles Ray taught and incorporated them into their own horsemanship discipline. Over the years they have traveled across the US teaching and giving clinics and sharing what they have learned from Ray Hunt and from their experience.

Buster and Sheryl will be teaching a 4-day clinic in Pendleton SC. Their horsemanship clinic is aimed at any horse and rider no matter the discipline. I have been riding with them for many years. They have changed the way I think and ride. My relationship with my horses has improved so much and continues to grow. My horse looks to me and I look to her. It is a pretty awesome feeling.

9:00 AM - 12:00 PM Horsemanship 2

1:30 PM - 4:30 PM Cow Working

5:00 PM - 6:30 PM Ranch Roping

Audit \$30/day.

<https://www.bustersherylmclaury.com/>

For questions and more info, please contact Lisa Krolak 828-279-9643 Email: lisakrolak@hotmail.com

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Do you have your own tack/horses/equipment, etc to sell or events to promote? Members can post these items in the newsletter for FREE!

Email frcnewsletters@gmail.com

Custom Saddlery Everest R Monoflap Dressage Saddle \$2,200 firm. The person I bought it from had a nameplate, so that can faintly be seen on the back. This saddle is in amazing condition, has always been tack room-kept and taken great care of. Unfortunately, the horse it was bought for is retired and it does not fit the new horse. Happy to answer any questions. Local trials only. Contact Natalie, natalie.schembra@gmail.com

Seat size: 17.5

Estimated Tree Fit: MW

Flap Size: standard

Flap Length: 16"

Color: black (camel/caramel welt)

Panels: wool flocked (reflocked in 2023 and has not been ridden in since)

Serial Number:

32545

09 13

17.5

16



Full bridle in excellent condition. Bits are 5" and Weymouth has a short shank (2.25"). \$150 includes bits and reins.

Contact Sue Mullen at suemullen864@gmail.com or 864-457-6403.



I have for sale barely used, like new:

Stubben S Phoenix Elite Custom Biomex, 17.5 " , Ebony, comes with wrapped Stubben leathers (52") and HS Sprenger Flex irons - like NEW, asking \$3700

NS Weymouth, 5.25", 16mm, 4" shank - \$150

HS KK Ultra Dyn RS, 5.25", 16mm, Sensogan - \$120

HS KK Ultra, 5.25", 14mm, Sensogan - \$120

Generic double joint, 6", 14mm, small loose ring (2") - \$60

HS D Ring Dyn RS, 135/14mm, Sensogan (Brand new in box) - \$180

Equifit Boots, full set (front and back), Medium -\$150

Bridle, Nunn Finer Guilia, Hunter, full size with laced reins - \$ 200

Dressage Girth, 26", contour - \$75

Reins, laced, rubber, brown, black, stops, no stops - \$40 each

Also have 4-5 free turnout sheets, 80", somewhat waterproof in very good condition

Contact:

KT Williams

Gotokt@charter.net

817-542-9667 (located I. Simpsonville SC)

FRC Scholarship Application

FRC is proud to be able to award four scholarships annually. In order to qualify for an FRC Scholarship, you must be a current FRC member at the time of your application. Additionally, your request must be for a rare educational opportunity or clinic or a championship competition purpose directly related to your riding discipline. In exchange, scholarship recipients must give back to the club in some tangible way.

Scholarships are for a maximum of \$250; four awarded yearly

- Scholarships for May, June, July events are due April 1st
- Scholarships for August, September, October events are due July 1st
- Scholarships for November, December, January events are due October 1st
- Scholarships for February, March, April events are due January 1st

If there are more than 4 applicants, volunteer service to the club in the current and preceding membership year will be taken into awarding scholarships.

Applicants will be notified of acceptance after review by the FRC Board.

I wish to apply for an FRC Scholarship for:

Name: _____

Address: _____

Phone: _____ email: _____

Specific Purpose for Scholarship Request (include name, date, place)

How will you benefit from attending this event?

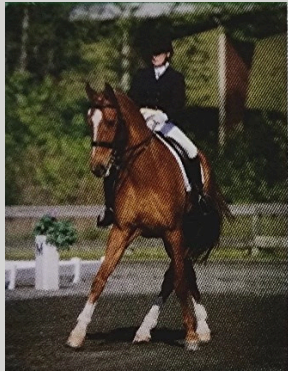
How will you "pay back" your scholarship to the club? Creative ideas welcomed!

Please submit your application to:

FRC President P.O. Box 637 Landrum, SC 29356

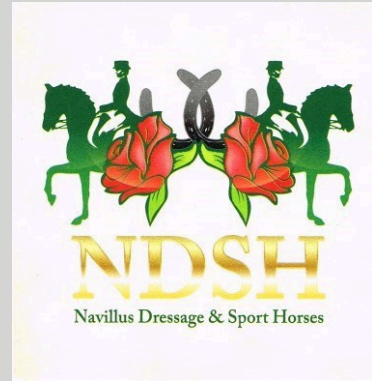
Note: In the event that you are unable to fulfill the scholarship requirements the scholarship money must be returned.

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