



IN THIS EDITION

XC Schooling Form

My Favorite Horse

Working Equitation

Volunteer Training

MARCH 2024

Anyone who has spent much time around horses has to have a sense of humor when it comes to planning. Unfortunately, despite all of the planning and hard work that FRC, WCH and Circle Z Farm put into the Hunter Pace, the weather just did not cooperate. There is still a robust schedule of events ahead so there will be plenty of opportunities for riding, education and fellowship.

Stay safe and dry, and we'll ride together soon!



2024 FRC MEMBERSHIP APPLICATION

Membership into the FRC is a great idea. Perks include an informative, emailed monthly newsletter, discounts on club-sponsored activities, educational programs, socials with fun people, scholarship opportunities and year end awards! Join now with any one of our three membership options below.

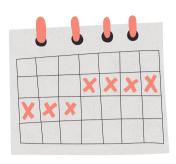
- Individual (\$25)
- Family (\$30)
- Business (\$35) includes a <u>free</u> business card sized ad in our monthly newsletter!

Name (s):				
Family Members:				
Business Name:				
Address:				
City:		State:	Zip:	
Phone:		E-Mail:		
Please write legibly! The omembership forms.	club is not respons	sible for members	not receiving club com	munications due to illegible
Check ALL interests:	Dressage	Eventing _	_Western Dressage	Working Equitation
Pleasure Riding	Endurance	Fox Hunting	Hunter/Jumper	BreederDriving
Hunter PaceTra	ail RidingSoc	ial member only	Other:	
Ideas for clinics, horse e	vents, education	nal seminars or s	ocial events for 2024:	
I am available to v	olunteer for club	sponsored eve	nts (<u>list volunteer job</u>	you would like)
I am available to h	elp set up (usua	lly Thurs) before	the show	

Make your check payable to FRC and mail to: FRC, P. O. Box 637, Landrum, SC 29356. If you have chosen to join as a Business Member, please attach your business card with this application! You can also join on-line at www.foothillsridingclub.org

For questions, please contact foothillsridingclub@gmail.com. Thank you for your support! Check our website for info, updates & more! www.foothillsridingclub.org

UPCOMING EVENTS



March

- 3.23 Dressage & Combined Training Show at FENCE
- 3.24 Dressage Show and Cross Country Schooling at FENCE

April

- 4.6 Working Equitation Clinic
- 4.7 Working Equitation Schooling Show
- 4.18 How to score "8's" seminar with Margaret Freeman at FENCE

May

5.18 Dressage & Combined Training Show at FENCE

July

7.13 Dressage Show at FENCE ~ Benefit for FENCE

September

- 9.7 Dressage & Combined Training Show at FENCE
- 9.8 Dressage Show at FENCE
- 9.21 & 22 Daniel Stewart Clinic at Lollybrook Farm

FRC Cross Country Schooling Day @ FENCE

DATE: March 24, 2024

Bring registration form to the trails shelter on the FENCE House side Registration from 8:30 AM - 4:00 PM, Course cleared by 5:00 PM

Fees:

- *Schooling Fee: \$40 for FRC Members, \$50 for non-members.
- **Checks payable to FRC.

***Groups or individuals interested in schooling the water complex **must** email Jan Bellows at **Janbellows@gmail.com** and reserve a time in advance. Groups of 2 will be combined, no more than six in one group. Each group will have <u>20 minutes</u> to school the water complex. Once you have received a time, please make sure you are on time and prompt. If you are a "no-show" you will be liable for the fee for your reserved time slot.

Entries:

All entries, fees, and release forms will be taken upon arrival at the FENCE Trail Shelter (on right, just inside the main entrance to FENCE at 3381 Hunting Country Road, across from the show grounds).

Rules:

- 1. FRC RELEASE FORM must be signed by rider, or by parent or legal guardian, if rider is a minor, under 18. RELEASE may <u>not</u> be sign by trainer or instructor. Those without proper signature will not be allowed to ride.
- 2. Negative Coggins on participating horse (within one year) is required.
- 3. Rider must be accompanied by an instructor/coach or person responsible for their safety. Instructor may ride without paying the fee if they do not use the jumps or water complex (their horse is their transportation only).
- 4. ASTM/SEI approved helmets MUST be worn with harness secured when mounted. Safety vest required for all those who are jumping. The wearing of medical arm bands is highly recommended.
- 5. USEA safety and cruelty rules apply. Violators will be asked to leave the grounds.

Parking:

Participants can park in the FETA parking field. Overflow parking will be at the Show Grounds.

Water:

Nearest water is at the FENCE Center flagpole or at the Show Barns. Please bring your own equine and people refreshments.

#, PAID \$ Via:
ENTRY & RELEASE FORM Cross Country Schooling at FENCE
Rider: Horse:
(Only one horse per form, please)
Results Reported Date on Negative Coggins:
Address:
Phone: Email:
(Print clearly, please)
Email to reserve time at water complex: Janbellows@gmail.com
RELEASE I understand that this is a high-risk sport and I am participating at my own risk. I hereby assume this risk and further do hereby release and hold harmless the FRC, FENCE, their employees and volunteers, judges and officials from all liability for their negligence resulting in accidents, damage, injury or illness to myself and to my property including the horse or horses which I compete at these events. Under North Carolina law, an equine activity sponsor or equine professional is not liable for an injury to, or the death of, a participant in equine activities resulting exclusively from the inherent risks of equine activities. (Article 99E of the NC General Statutes). I understand that this is a high-risk sport and I am participating at my own risk. I am aware that there is NOT_a medic or any medical personnel on the show grounds.
Signature: Date:
(Parent or guardian if rider under 18) The person on the grounds who is responsible for making medical decisions for me in case of an accident or medical emergency is:

. He/she is aware he/she is to make medical decisions for me in case I am unable to and I have instructed him/her on the people they must contact (parent, spouse, etc.) in the event of an accident. He/she understands they are to transport me or arrange for transport to a medical facility if needed. FRC volunteers are NOT responsible for making medical decisions for any rider.

EMERGENCY CONTACT #:

MY FAVORITE HORSE

Submitted by Kristen Griffith

To kick off the board retreat, Erin asked each member to share their favorite horse of all time. At first, my thoughts went to the famous horses I watched on TV as a child; show jumpers like Gem Twist and Rhythmical. While these horses were spectacular, I soon realized I had a more honest and humble selection grazing in my backyard. Lefty, my 24-year-old Quarter Horse gelding, has been in my life since he was three. Now enjoying retirement, he was a fantastic trail horse in his younger days. He is not the fancy warmblood of my childhood dreams, but I eventually realized that he was the perfect first horse for me. He has taught me many valuable lessons over the years, some of which are listed below:

10 Lessons Learned from Lefty:

- 1. **Reach for 1% improvement.** Lefty isn't an innately talented horse and his conformation puts him at a disadvantage, but he has the biggest heart and is always game to try anything I ask of him. The key has been to set small goals and work consistently towards them. Even tiny improvements must be rewarded.
- 2. **Rub some dirt on it, then shake it off.** Lefty believes baths to be one of the greatest injustices of life. In his mind, the best way to right the wrong of a clean, gleaming coat is to roll in the dirt and then shake it off. Problem solved.
- 3. **Be patient.** I have made many mistakes along the way, and I have plenty more still to make. Luckily, I have a horse who patiently waits while I sort things out. His patience has helped me learn to be kinder to myself and others after all, we are all perpetually learning.
- 4. **Chores are about so much more.** Sometimes it feels like chores are neverending, especially on cold, rainy mornings. However, going through these routines has helped me learn the value of accountability and looking after those who depend on me. A fair few of my major life decisions have been made in the quiet moments mucking out, cleaning tack, or grooming my horse.

Favorite Horse continued

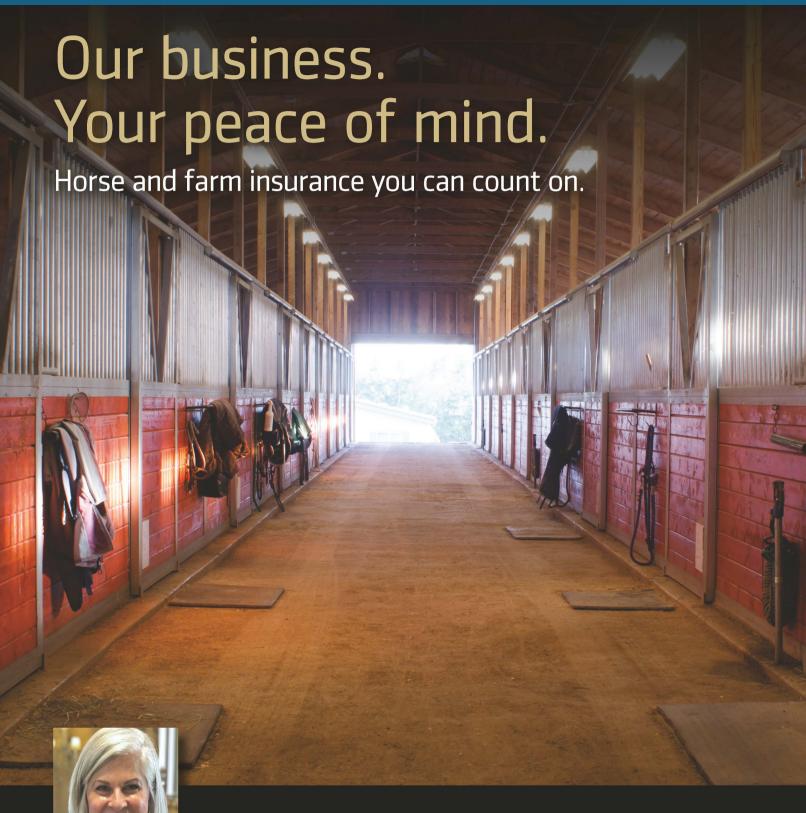
5. Look for moments of joy. Lefty is perhaps a bit spoiled, and he knows I usually have a treat in my pocket. Having a great day or a tough one? Doesn't matter. Lefty always hopes I will take time to give him a LifeSaver or hand graze him in the tall grass. His perpetual optimism is a good reminder that bright spots can be found in even the most challenging days.

- 6. **Be prepared and roll with the punches.** Horses frequently throw curveballs; be it a thrown shoe, a spook at an errant bag, or a Houdini-like escape from the crossties. Despite having a stocked first aid kit and backups for most items (especially halters!), I am still sometimes caught off guard by the shenanigans. When in doubt, take a breath and focus on problem solving.
- 7. **Lighten up**. Lefty is a good boy, but he is easily offended and thrives on positive feedback. Like a tuning fork, he picks up on my energy and reminds me to get back on the sunny side if I lose my cool.
- 8. **There isn't much a good ride can't fix.** To me, there isn't much more magical than the feeling of galloping a trusted horse. While our galloping days are behind us, I still love to hear the meditative cadence of his hoofbeats as we go on slow walks around the farm.
- 9. **Enjoy the present; it is all we have.** Every day we spend with our horses is a gift, and I am increasingly aware of this as the years fly by.
- 10. **Don't discount the ordinary.** Lefty may be just an ordinary Quarter Horse, and we may have spent most of our time together only trail riding, but I am pretty sure Lefty thinks he is a unicorn. What you think, you become.









Pagan Gilman

Lisa Seger Insurance Markel equine insurance specialist pagan@lisasegerinsurance.com | +1.770.283.7344









WORKING EQUITATION

Submitted by Pat Melton, WENC President and USAWE Region 7 Director

Working Equitation gained popularity in the Iberian Peninsula during the 1990s. The discipline of Working Equitation (WE) was created to showcase the equestrian techniques of different countries that use horses to work cattle in the field. The sport is gaining popularity in many countries around the world. The aim is to preserve and perpetuate not only the type of equitation in each country but also the various traditions, riding attire, and tack that constitute part of the intrinsic cultural tradition of each country.

The World Association for Working Equitation (WAWE) governs the sport internationally and maintains a set of rules for international competition. Each country, however, has its own rules for domestic WE. USA Working Equitation (USAWE) is the national working equitation association of the United States that is recognized by WAWE. USAWE's goal is to promote the sport of working equitation in a way that promotes the welfare of the horse and the practice of good horsemanship. The USAWE Rule Book and much more can be found at www.USAWE.org.

You might be wondering what makes Working Equitation different than other equine sports. First, as an organized sport, WE is unique from other equine sports because it promotes the distinctive equestrian traditions, tack, and attire of all cultures and nations within every competition. No matter what the outfit, the sport of Working Equitation has at its heart the development of a harmonious horse-and-rider relationship. It does this through the disciplines of classical dressage and useful ranch work. Finally, Working Equitation provides a way to have fun while you work on improving your horsemanship and partnership with your horse.

WE is recognized as a very inclusive sport. Since riders are expected to dress according to their style of riding, competitions include riders in various attire and tack disciplines, western, dressage, hunt seat or traditional Spanish style. Also, any member of the Equid family (horses, ponies, mules of any breeding), except for miniature horses, is eligible to compete. Gaited horses may use an intermediate gait instead of trot in the execution of their dressage and Ease of Handling trials.

Working Equitation of North Carolina (WENC) was formed in 2023 to provide greater support and opportunities to USAWE members within the Tar Heel state. This club is for everyone, from newbies to the very knowledgeable and experienced in our sport. WENC is a recognized Affiliate Organization of USAWE.

Working Equitation continued

Check out our Facebook page to learn about scheduled events. Contact us at www.WorkingEqNC@gmail.com to join WENC and get the inside track for event registration and opportunities.

It is friendship and community with others in the same pursuit that makes the sport of Working Equitation such a fun activity. We invite you to give WE a try and see why so many people and equines love it!







FOOTHILLS RIDING CLUB
WORKING EQUITATION
CLINIC & SCHOOLING SHOW

When: April 6th and 7th, 2024
Where: FENCE Showgrounds
3381 Hunting Country Rd, Tryon, NC 28782





TD CORNER:

Friendly reminders from Jan Bellows

- Dressage whips are 47.2 inch maximum length.
- Dressage whips are not allowed in stadium jumping.
- Thank your volunteers!!!!

VOLUNTEER TRAINING

Our Volunteer Training was successful and fun, with an enthusiastic 18 participants at the FENCE house March 3rd for a general overview, pizza lunch and breakout sessions for the three most complicated volunteer positions. Margo Savage led the discussions about Scoring, Edith Cahoon explained the details of Scribing, and Melissa Van Doren instructed the Ring Steward group. Many good questions were asked and answered, lunch from Buck's Pizza was yummy, and new friends were made!

Although this was the only formal training session for the year, ALL of the volunteer jobs are detailed on the website. Everyone interested in helping with our shows is encouraged to read through the descriptions, located in the Volunteer section of the website. Hard copies of each job are also provided on show day, to help everyone feel at ease throughout the day. We're so grateful for the help we receive from so many wonderful horse people in our community!

There are still positions open for the March show and xc schooling: jump crew, runners, scorers, warm-up supervision and awards. Volunteers are also needed for the April Working Equitation clinic and show. Go to www.foothillsridingclub.org to sign up and choose your lunch items. We'd love to have you join us!



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Foothills Riding Club



BIT O' NEWS

DO YOU HAVE A NEW HORSE?
ACCOMPLISH SOMETHING NEW?
HAVE A FUNNY PHOTO OR
TIDBIT TO SHARE? SEND IT TO
FRCNEWSLETTERS@GMAIL.COM

Buster & Sheryl McLaury 4-day Horsemanship clinic May, 31 - Jun, 1-3, 2024. 2022 Double J Arena, 445 Lockaby Rd, Pendleton, SC 29670

Buster McLaury and his wife Sheryl met Ray Hunt early in their career. They attended clinics and learned from him. They adopted the principles Ray taught and incorporated them into their own horsemanship discipline. Over the years they have traveled across the US teaching and giving clinics and sharing what they have learned from Ray Hunt and from their experience.

Buster and Sheryl will be teaching a 4-day clinic in Pendleton SC. Their horsemanship clinic is aimed at any horse and rider no matter the discipline. I have been riding with them for many years. They have changed the way I think and ride. My relationship with my horses has improved so much and continues to grow. My horse looks to me and I look to her. It is a pretty awesome feeling.

9:00 AM - 12:00 PM Horsemanship 2 1:30 PM - 4:30 PM Cow Working 5:00 PM - 6:30 PM Ranch Roping Audit \$30/day.

https://www.bustersherylmclaury.com/

For questions and more info, please contact Lisa Krolak 828-279-9643 Email: lisakrolak@hotmail.com



Advancing the conservation of land for horse-related activity

Thank You!

February 2, 2024

Foothills Riding Club Natalie Schembra PO BOX 637 Landrum, SC 29356-0637

Dear Natalie,

On behalf of the Equine Land Conservation Resource (ELCR) I would like to thank the Foothills Riding Club for remaining a vital part of our team as a Conservation Partner.

Your support, combined with that of our other **Conservation Partners**, will go a long way in helping to protect the local equine lands, facilities, trails, and competition venues that we all cherish by allowing us to continue our educational programming and outreach efforts that the equine community has come to depend on when dealing with horse land issues.

Here are just some of the activities that your continued partnership will help support this year:

- A unique series of live educational webcasts on various important equine land conservation related topics and making the archived webinars available to the equine community at www.elcr.org.
- Expanding and updating our unique online educational resources within our six core conservation areas that the
 equine community has come to rely on when dealing with local horse land issues. You may quickly access the latest
 additions to the library at www.elcr.org/whats-new.
- Responding to the needs that arise in local communities by providing access to professional one-on-one counseling and technical assistance for individuals, organizations and communities working on local horse land issues.
- Expanded partnerships with local organizations working on equine land issues in their communities.
- Continuing our efforts to build a national network of local action organizations working to advocate for horses and horse lands in their communities and sharing best practices and success stories.

Thank you again for choosing to remain a part of our growing team here at ELCR! Together, through the **Conservation**Partner Program, we can continue to support local efforts to protect endangered horse lands to ensure that horses remain a vital part of the American landscape.

Sincerely.

Holley droshek Executive Director

Holler Hors

P.S. For tax purposes, your gift of \$100 was received on 1/30/2024 and no goods or services were provided in exchange for your gift. The Equine Land Conservation Resource is a registered 501(c)3 organization. We recommend that you retain this letter as your written acknowledgement of your contribution. All contributions are tax deductible as allowed by law. A copy of our annual report is available upon request and on our website at www.elcr.org

Thankyou natalie. We approciated
FRC's support of our work!

Join us on social media and stay connected! Friend us on Facebook, follow us on Twitter and Instagram, and subscribe to us on YouTube. We use these platforms to deliver breaking news and opportunities for involvement every day.

4037 Iron Works Parkway, Suite 120, Lexington, KY 40511, (859) 455-8383 -Ph, www.ELCR.org



FRC ONLINE STORE

We are thrilled to announce that our online FRC swag store is now officially open. We have partnered with Grand Impressions Design Co. to offer over 40 different items, including saddle pads, beanies, vests, and shirts, all featuring our logo. We have carefully selected items that are both comfortable and stylish for everyone. Although the turnaround time is a bit longer, the quality is excellent. You can also use Club Bucks to purchase items from the store. If you would like to use Club Bucks, please send an email to Erin at erin.e.stroud@gmail.com with the amount you would like to use, and we will provide you with a gift card for the online store with the matching amount for you to redeem. If you need any assistance with ordering or have any questions, please don't hesitate to contact us. Follow this link to the online store:

https://grandimpressiondesign.com/collections/foothills-riding-club

FRC YOUTH PROGRAM

FRC is happy to introduce a new youth program going into 2024. Interested in joining? Want to learn more? Sign up for a membership and let us know about the young members in your family to be included on future mailing lists.

FRC Youth Program Mission Statement (what is it about)?

The purpose of the FRC youth program is to encourage young members (under 18) to become involved in the Riding community. Further, the program seeks to provide educational, team-building and community growth opportunities while helping to instill important work ethic, horsemanship and camaraderie values.

For more information send a message to aubrey.eisenman1@gmail.com

FRC Scholarship Application

FRC is proud to be able to award four scholarships annually. In order to qualify for an FRC Scholarship, you must be a current FRC member at the time of your application. Additionally, your request must be for a rare educational opportunity or clinic or a championship competition purpose directly related to your riding discipline. In exchange, scholarship recipients must give back to the club in some tangible way.

Scholarships are for a maximum of \$250; four awarded yearly

- Scholarships for May, June, July events are due April 1st
- Scholarships for August, September, October events are due July 1st
- Scholarships for November, December, January events are due October 1*
- Scholarships for February, March, April events are due January 1st

If there are more than 4 applicants, volunteer service to the club in the current and preceding membership year will be taken into awarding scholarships.

Applicants will be notified of acceptance after review by the FRC Board.

I wish to apply for an FRC Scholarship for:
Name:
Address:
Phone: email:
Specific Purpose for Scholarship Request (include name, date, place)
How will you benefit from attending this event?
How will you "pay back" your scholarship to the club? Creative ideas welcomed!

Please submit your application to: FRC President P.O. Box 637 Landrum, SC 29356

Note: In the event that you are unable to fulfill the scholarship requirements the scholarship money must be returned.

CLASSIFIEDS

Do you have your own tack/horses/equipment, etc to sell or events to promote? Members can post these items in the newsletter for FREE!

Email frcnewsletters@gmail.com

Custom Saddlery Everest R Monoflap Dressage Saddle \$2,200 firm. The person I bought it from had a nameplate, so that can faintly be seen on the back. This saddle is in amazing condition, has always been tack room-kept and taken great care of. Unfortunately, the horse it was bought for is retired and it does not fit the new horse. Happy to answer any questions. Local trials only. Contact Natalie, natalie.schembra@gmail.com

Seat size: 17.5

Estimated Tree Fit: MW

Flap Size: standard

Flap Length: 16"

Color: black (camel/caramel welt)

Panels: wool flocked (reflocked in 2023 and has not been

ridden in since)

Serial Number:

32545

09 13

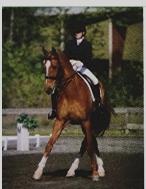
17.5

16





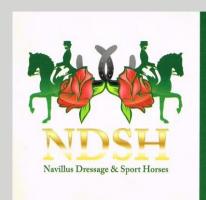
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Pagan Gilman Your Horse, Farm, and Ranch Resource

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Lisa Seger Insurance 300 Cherokee Hill Lane Tryon, NC 28782 lisasegerinsurance.com





Gena McCall Meredith, MACC*, $CExP^{^{TM}}$

Financial Advisor
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FRC FEBRUARY 2024

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Vice President, Clinics: Candice Carr, diceuf@yahoo.com

Secretary: Bette Mann, besum1@gmail.com

Treasurer: Natalie Schembra, natalie.schembra@gmail.com

Show Secretary, Membership: Margo Savage, 200redgate@gmail.com

Awards: Sue Mullen, <u>suemullen864@gmail.com</u>

Educational Seminars: Edith Cahoon, reiterin44@aol.com

Hospitality: Jacqui Lanier, jacqui@lanierlaw.net

Volunteers: Melissa Van Doren, mvdequestrian@gmail.com

Special Events: Jan Bellows, janbellows@gmail.com

Youth Coordinator: Aubrey Eisenman, aubrey.eisenman1@gmail.com

Kristen Griffith, pearcekristen@gmail.com